



Big Blob

Do you know how to put on sun cream? This rhyme tells you how.

Big blob,
That's the job.
Cream in the palm,
Do your arms.
Hands and nose,
Feet and toes.
Always check,
Ears and neck.
Legs and knees,
Give the tube one
more squeeze.
Last place,
Shoulders and face.
Now we're done
Don't look at the sun.
Wear a hat,
And that's that!

