



Know your sun cream

1. Fill in the labels on this diagram



Lotion is something put on the _____

UV stands for _____

SPF stands for _____

What level of sun protection does SPF 50 give?

The number of stars shows protection from

What is the highest number of stars given to
sun cream? _____

2. How much sun cream should you use? _____

3. Which parts of the body is it important to apply sun cream to?

